



## Chef's Message

**Head Chef Malcolm and the kitchen team** are passionate about what they do. They take pride in sourcing the finest local ingredients while also seeking out the best seasonal produce from further afield. Every dish is cooked fresh to order, so if you're short on time, just let us know.

## Brunch

Served Monday – Saturday until 2pm • Sunday until 11.45am

### Full English Breakfast 13.50

sausage, bacon, mushroom, hash brown, eggs, black pudding, baked beans, slow-roasted tomato  
(G, E, D, SD) 817 kcal

### Vegan Breakfast (ve, gf) 11.95

vegan sausage, spinach, tomato, hash brown, baked beans, mushroom (S) 440 kcal

### Eggs Benedict 10.95

toasted muffin, ham, poached eggs, hollandaise  
(G, E, D / S, MU, SE) 668 kcal

### Smoked Salmon Croissant with Scrambled Eggs (gfo) 13.50

(G, F, S, E, D, SE, SD / MU) 700 kcal

### French Brioche Toast (v) 10.95

caramelised plums, yoghurt (G, E, D / S, MU) 522 kcal  
add bacon 256 kcal 2.00

### Classic Coachman's Three-Egg Omelette (vo) 6.95

watercress (E, D) 532 kcal

### Avocado on Toasted Sourdough (v) 10.95

roasted vine tomatoes, poached eggs  
(G, N, S, E / C, MU) 616 kcal

### Bacon & Sausage Sandwich 7.95

(G, D, E, SD) 680 kcal

add an egg (E) 60 kcal with our compliments

## Grazing & Sharing

### Pitted Spanish Olives (ve, gf) 3.95

sunblushed tomatoes (SD) 43 kcal

### Olive & Oregano Focaccia (v) 6.50

oil & balsamic (G, SD / S, E, D) 241 kcal

### Puffed Pork 'Quaver' (gf) 3.95

sage & fennel salt 129 kcal

### Roast Pumpkin Houmous (ve) 4.95

pumpkin seeds, flatbread (G, SE) 167 kcal

### Crispy Whitebait 5.95

tartare sauce (G, F, E, MU) 331 kcal

### Honey & Mustard Pigs in Blankets 5.95

(G, D, MU, SD) 451 kcal

## Starters

### Soup of the Day 6.50

bread, butter ask for allergens & calories

### Roast Chicken & Leek Terrine (gfo) 7.95

winter chutney, pickles, toast (G / F, S, D, CE, MU, SD) 211 kcal

### Classic Prawn & Avocado Cocktail 8.50

brown bread, butter (G, C, S, D, MU / SE) 590 kcal

### Whipped Feta Cheese with Warm Beetroot (ve) 6.95

roasted fig, pickled walnuts (N, G) 123 kcal

### Smoked Mackerel Pâté (gfo) 6.95

frickles, dill butter, crispy bread (G, F, D / E, S) 514 kcal

### Black Pudding Scotch Egg 8.50

apple & celeriac rémoulade (G, S, E, D, MU, SD / SE, F, MO, C) 435 kcal

## Classic Sandwiches

white or wholemeal bloomer, dressed leaves (gfo)

### Cheese & Red Onion Marmalade (v, gfo) 7.95

(G, D, MU / L, E, CE) 782 kcal

### BLT (gfo) dressed salad (G / E, D) 588 kcal 7.95

### Wiltshire Cured Ham, Tomato & Dijon Mustard (gfo) 7.95

(G, D, MU / L, CE) 618 kcal

### Egg Mayonnaise & Cress (v, gfo) (G, E, D, MU / CE) 341 kcal 7.95

## Artisan Sandwiches

dressed green salad, crisps

### Battered Fish Finger Bap (gfo) 10.95

gem lettuce, tartare sauce (G, F, MU / L, S, E, D, CE) 742 kcal

### Flat Iron Steak Folded Naan caramelised onions (G, E, D, MU / L, CE) 11.95

### Squash, Spinach, Pumpkin Seed & Houmous Folded Naan (v, veo) (G, N, D, SE / L, CE) 565 kcal 10.95

### Chicken & Bacon Club Sandwich dressed salad (G, F, D, MU / L, E, CE) 1206 kcal 10.95

## Sunday Roasts

### Roast Topside of Beef (gfo) 17.95

seasonal vegetables, roast potatoes, Yorkshire pudding, gravy, horseradish sauce (G, E, D, CE / S, MU) 956 kcal

### Roast Loin of Pork (gfo) 16.95

roast potatoes, seasonal vegetables, apple sauce (G, E, D, SD / S, CE) 584 kcal

### Roast Chicken Supreme (gfo) 15.95

pig in blanket, seasonal vegetables, roast potatoes, gravy (G, E, D, S, SD) 935 kcal

### Vegetarian Loaf (v) 13.95

seasonal vegetables, roast potatoes, vegetarian gravy (G, S, E, D, CE, MU) 836 kcal

## Main Courses

### Fish & Chips (gf) 13.95/17.50

beer-battered North Sea haddock, chunky chips, mushy peas  
(SD, F, E, MU) 694 kcal / 981 kcal

### Cumberland Pin Wheel Sausage 13.95

bubble & squeak, cider onion gravy, pickled & crispy onion petals  
(G, D, SD / CE, MU) 1025 kcal

### Pie of the Day 17.95

seasonal vegetables, creamy mash or chunky chips, gravy ask for allergens & calories

### Bavette Steak Frites (gf) 19.95

skinny fries, green peppercorn sauce (D, CE, SD / MU) 859 kcal

### Moules Marinière (gf) 18.95

skinny fries (MO, D, SD, MU) 1372 kcal

### Catch of the Day ask for allergens & calories POA

### The Royal Oak 8oz Burger 16.95

Monterey Jack cheese, crispy bacon, burger sauce, aioli, crispy onions, lettuce, tomato, skinny fries (G, S, E, D, MU) 1372 kcal

### Symplicity Vegan Burger (ve) 14.95

Vegan Applewood cheese, toasted brioche bun, lollo bionde lettuce, tomato, pickled red onion, relish, skinny fries (G, S, MU, SD / D) 560 kcal

### Roasted Butternut Squash Risotto (ve, gf) 13.95

vegan burrata, smoked chilli oil, crispy sage (SD / CE, MU, D, E) 419 kcal

### Chicken Caesar Salad (gfo) 13.95

baby gem lettuce, soft boiled egg, Parmesan, rosemary croutons  
(G, F, E, D, SE / N) 1151 kcal add bacon 256 kcal 2.00

### Poached & Fresh Pear with Gorgonzola Cheese Salad (v) 12.95

watercress, radicchio, pickled walnuts, lemon dressing (G, N, D / CE, MU) 227 kcal

## Sides

### Cauliflower Cheese (v) (G, D / S) 430 kcal 5.95

### Pigs in Blankets (G, D, MU, SD) 451 kcal 5.95

### Maple & Mustard-Roasted Root Vegetables (ve, gf) (CE, MU) 175 kcal 4.95

### Buttered Seasonal Greens (v, gf) (D) 136 kcal 4.25

### Simple Salad (v, gf) 4.50

olives, radicchio, gem lettuce, cherry tomatoes, red onion (D) 55 kcal

### Chunky Chips (ve, gf) herb salt (SD / CE) 186 kcal 4.25

### Skinny Fries (ve, gf) herb salt 293 kcal 4.25

### Invisible Chips 2.00

0% FAT, 100% HOSPITALITY

All proceeds from Invisible Chips go to Hospitality Action, who offer help and support to people in Hospitality in times of crisis. Thanks for chipping in! Scan this code for more information or visit [hospitalityaction.org.uk](http://hospitalityaction.org.uk)

Hospitality  
Action



If you have a food allergy, intolerance or sensitivity, please speak to your server before ordering your meal. Please be aware our kitchens contain allergens of all kinds so we therefore cannot guarantee that any one dish can be free of all traces of any allergen. Items cooked within our fryers and ovens cannot be separated from allergenic ingredients and cross contamination may occur.

v (vo): Vegetarian (on request) ve (veo): Vegan (on request) gf (gfo): Gluten-Free (on request)  
Allergens (Contains / May Contain): C: Crustaceans • CE: Celery • D: Dairy • E: Eggs • F: Fish • P: Peanuts • G: Gluten • L: Lupin • N: Nuts • MO: Molluscs • MU: Mustard • S: Soya • SD: Sulphur dioxide • SE: Sesame seeds

We add a discretionary 10% service charge on all our food items. 100% of all gratuities go directly to our team members. Please let your server know if you wish to remove this element.



# Royal Oak Hotel

Welshpool



## Children Eat Free on Sundays

Get one free children's three-course meal from our Children's Menu when you purchase a full-priced adult main course.

Drinks not included. Dishes and offer subject to availability. Offer only available for children aged 12 and under.



## Be Inn the Know

Get all the latest news and offers for The Royal Oak Hotel delivered to your inbox! Simply scan the code and add your details to sign up.

## Afternoon Tea

Join us every day between 2pm and 5pm for our sumptuous Afternoon Tea. Enjoy a selection of finger sandwiches and sweet treats with unlimited tea or coffee.

Why not add a glass of fizz and make it extra special?

Afternoon Teas must be pre-booked.

[www.royaloakwelshpool.co.uk](http://www.royaloakwelshpool.co.uk)



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