

LUNCH MENU

CHILDREN EAT FREE ON SUNDAYS

Get one free children's three-course meal from our Children's Menu when you purchase a full-priced adult main course.

*Drinks not included. Dishes and offer subject to availability.
Offer only available for children aged 12 and under.*

BE INN THE KNOW



Get all the latest news and offers delivered to your inbox! Simply scan the code and add your details to sign up.

AFTERNOON TEA

Join us every day between 2pm and 5pm for our sumptuous Afternoon Tea. Enjoy a selection of finger sandwiches and sweet treats with unlimited tea or coffee.

Why not add a glass of fizz and make it extra special?

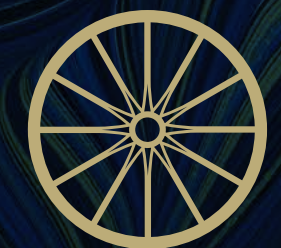


THE
COACHING
INN GROUP



Part of The Coaching Inn Group

www.coachinginngroup.co.uk



THE
COACHING
INN GROUP

Our Head Chef and kitchen team

are passionate about what they do. They take pride in sourcing the finest local ingredients while also seeking out the best seasonal produce from further afield. Every dish is cooked fresh to order, so if you're short on time, just let us know.

 **INN THE DEAL**

2 courses £17.95 – 3 courses £25.95

Pick any courses marked with the wheel icon

Available Monday to Friday, from 12 noon

Speak to a member of the team for exact timings

A LITTLE SOMETHING

To enjoy with a drink while you choose

- Focaccia Bread Board**

Marinated olives, salted butter, olive oil & balsamic vinegar **G, D, S, SD** / SE, E / 780 kcal **V, VEO** 6.95
- Red Pepper Houmous**

Toasted sunflower seeds, flatbread **G, SE, SD** / S, CE, MU / 579 kcal **VE, GFO** 5.50
-  **Hot Honey & Sesame Halloumi**

Harissa mayonnaise **D, E, MU, SE** / N, P / 630 kcal **V, GF** 5.95
- Crispy Whitebait**

Tartare Sauce **F, E, G, SD** / MU / 434 kcal 5.95
-  **Duck Leg Croquettes**

Cranberry & orange relish **G, E, D** / 347 kcal 6.95
- Caerphilly Cheese Fritters**

Bacon & chilli jam **G, E, D, MU** / S / 396 kcal 5.95
-  **Calamari**

Garlic aioli **G, MO, S, E, D** / F, C / 294 kcal 6.95

STARTERS

 **Chef's Soup of the Day**

Warm bread, Netherend butter

Ask for allergens & calories 6.50

Chef's Recommendation

 **Confit Duck Gyoza**

Ribboned cucumber & sesame salad, garlic, soy & ginger dipping sauce **G, S, SE** / C, P, E, CE, SD / 197 kcal 7.95

- Smoked Mackerel & Hot-Smoked Salmon Bruschetta**

Pickled fennel, ribboned cucumber & caper salad, horseradish crème fraîche **G, F, E, D, MU** / SD / 387 kcal **GFO** 9.95
-   **Whipped Chicken Liver Pâté**

Caramelised onion & ale chutney, toasted sourdough **G, D, SD** / MU / 418 kcal **GFO** 7.95
-  **Panko Goat's Cheese**

Apple & golden sultana frisée salad & blackberry gel **G, D, E, SD** / SE, P, N, S / 574 kcal **V** 8.95

Allergens (Contains / May Contain): C: Crustaceans • CE: Celery • D: Dairy
E: Eggs • F: Fish • P: Peanuts • G: Gluten • L: Lupin • N: Nuts • MO: Molluscs
MU: Mustard • S: Soya • SD: Sulphur dioxide • SE: Sesame seeds

If you have a food allergy, intolerance or sensitivity, please speak to your server before ordering your meal. Please be aware our kitchens contain allergens of all kinds so we therefore cannot guarantee that any one dish can be free of all traces of any allergen. Items cooked within our fryers and ovens cannot be separated from allergenic ingredients and cross contamination may occur.

MAINS

 **Fish & Chips**

Beer-battered haddock, chunky chips, mushy peas, tartare sauce, lemon **F, E, MU, SD** / CE / 593/668 kcal **GF** 13.95/17.95

Only the small portion is included in the fixed price menu

 **Chef's Pie of the Day**

Chunky chips or creamed mash, season's best vegetables, gravy

Ask for allergens & calories 17.25

 **6oz Grilled Beef Burger**

Monterey Jack cheese, streaky bacon, brioche bun, burger relish, slaw, skin-on fries **G, E, D, MU, SD, S** / 1142 kcal 17.25

8oz Flat Iron Steak Frites

Peppercorn sauce, dressed salad, skin-on fries **D, MU, SD** / CE / 933 kcal **GF** 20.95

Smoked Haddock Risotto

Pickled samphire, crispy poached egg, Parmesan **G, F, E, D, CE, SD** / C, MO, L, S, MU / 1131 kcal 17.95

 Perfectly paired with **Pinot Grigio** – light, crisp and refreshing with delicate apple notes

  **Lamb's Liver**

Buttered mash, bacon & onion, seasonal greens, red wine gravy **D, SD** / 580 kcal **GF** 14.95

Chef's Recommendation

 **Pulled Lamb Shoulder Shepherd's Pie**

Seasonal greens, minted gravy **D, CE, SD** / 682 kcal **GF** 18.95

 Perfectly paired with **Pinot Noir** – light and juicy with ripe cherry and strawberry notes

Sesame-Crusted Sweet Potato Burger

Applewood cheese, brioche bun, burger relish, slaw, skin-on fries **G, MU, SE, SD** / P, N, D / 678 kcal **VE** 14.95

  **Beetroot & Spinach Gnocchi**

Feta, watercress & horseradish pesto, pickled walnuts **G, N, E, D, CE, MU** / SD, S / 955 kcal **V, VEO** 15.95

Crispy Chicken Katsu

Rice, pak choi, katsu sauce & kimchi **G, S, E, SE** / P, N, CE, MU / 1339 kcal 19.95

Crispy Tofu Katsu

Rice, pak choi, katsu sauce & kimchi **G, S, SE** / MU, P, N, CE / 1137 kcal **V, VEO** 16.95

SANDWICHES

Dressed leaves, Piper's crisps **GFO**

- Tuna Mayonnaise & Cucumber Bloomer**

G, F, E, D, MU / S / 751 kcal **GFO** 8.25
- Egg Mayonnaise Bloomer**

G, E, D, MU / S / 1016 kcal **V, GFO** 7.95
- Coronation Chicken Bloomer**

G, N, E, D, CE, MU, SD / P, S / 858 kcal **GFO** 8.45
- Treacle & Mustard-Glazed Ham & Tomato Bloomer**

G, D, MU, SD / S, E / 618 kcal **GFO** 8.45
- Fish Finger Brioche**

G, F, E, MU, SD / 883 kcal **GFO** 11.95
- Hot Honey & Sesame Halloumi Flatbread & Houmous**

G, SE, SD, D, MU / S, N, P / 640 kcal **V, VEO** 11.95
- Cajun-Spiced Pork Belly Flatbread**

Tzatziki **G, D** / 553 kcal 11.95
- Buttermilk Chicken Caesar Wrap**

G, E, D, CE, MU / 686 kcal 11.95
- Add a Cup of Soup**

Ask for allergens & calories 3.00
- Upgrade to Skin-On Fries**

SD / 225 kcal **VE, GF** 2.00

SALADS & NOURISH BOWLS

Classic Caesar Salad

Anchovies, croutons, smoked pancetta, Italian cheese **G, F, E, D, SE** / N, MU, SD / 528 kcal **GFO** 20g protein 13.50

 **Butternut Squash Nourish Bowl**

Spiced squash, chickpeas, houmous, roasted beetroot, kale, sesame, Greek yoghurt, toasted seeds **G, D, SE, SD** / F, P, S, E, CE, MU, N / 413 kcal **VEO, GF** 14g protein 11.95

Chef's Recommendation

Poke Bowl

Sushi rice, pickled red cabbage, shaved carrot, edamame beans, pak choi, radish, avocado, soy & ginger dressing **S, SD** / 380 kcal **VE, GF** 11g protein 14.50

Add ...

For that extra protein boost

Hot-Smoked Salmon **F** / 157 kcal **GF** 3.50

Grilled Chicken 190 kcal **GF** 3.50

Hot Honey & Sesame Halloumi **D, SE** / N, P / 289 kcal **V, GF** 3.50

Cajun-Spiced Pork Belly 230 kcal **GF** 3.50

BRUNCH

Served Monday to Saturday until 2pm, Sunday until 11.45am

Full English Breakfast

Sausage, bacon, mushroom, hash brown, eggs, black pudding, baked beans, slow-roasted tomato **G, E, D, SD** / 935 kcal 13.50

- Vegan Breakfast**

Vegan sausage, spinach, tomato, hash brown, baked beans **G, S, CE** / 391 kcal **VE** 12.50
- Eggs Benedict**

Toasted muffin, ham, poached eggs, hollandaise **G, E, D** / S / 670 kcal **GFO** 10.95

Make it a Royale... swap ham for smoked salmon **G, F, S, E, D** / CE, MU, SE / 517 kcal **GFO** 12.95

Make it a Florentine... swap ham for spinach **G, E, D** / S / 585 kcal **V, GFO** 10.95
- Hot-Smoked Salmon Rösti**

Spinach, poached egg **F, E** / 569 kcal **GF** 12.95
- Smashed Avocado**

Toasted sourdough, sun-dried tomato **G** / N, S, CE, MU, SE, SD / 549 kcal **VE, GFO** 10.95

Add ... Brace of poached eggs **E** / 53 kcal with our compliments
- Smoked Back Bacon or Sausage Sandwich**

G, D / S, E / Bacon 605 kcal, Sausage 650 kcal **GFO** 7.95

Morning Magic

Greek yoghurt, honey-roasted fig, blackberries, granola, roasted hazelnuts, dried cranberries **G, N, D, SE, SD** / P, S, CE, MU / 677 kcal **V** 8.95

SIDES

Chunky Chips **SD** / 469 kcal **VE, GF** 5.25

Make it posh... add Italian cheese & truffle oil **E, D** / 153 kcal **V** 1.00

Skin-On Fries **SD** / 316 kcal **VE, GF** 5.25

Make it posh... add Italian cheese & truffle oil **E, D** / 153 kcal **V** 1.00

- Beer-Battered Onion Petals**

Harissa mayonnaise **E, MU** / 461 kcal **GF** 4.95
-  **Buttered Seasonal Greens**

D / 109 kcal **V, GF** 4.50
- Mini Caesar Salad**

G, E, D, F / S, MU, SE, SD / 182 kcal **GFO** 4.95
- Duck Fat-Roasted New Potatoes**

Watercress & horseradish pesto **E, D, MU** / SD / 390 kcal **GF** 4.95



Invisible Chips

0% Fat, 100% Hospitality 2.00

All proceeds from Invisible Chips go to Hospitality Action, who offer help and support to people in Hospitality in times of crisis. Thanks for chipping in! Scan this code for more information or visit hospitalityaction.org.uk

We add a discretionary 10% service charge on all our food items. 100% of all gratuities go directly to our team members. Please let your server know if you wish to remove this element.

 Wine Pairing  Seasonal Special **V (VO):** Vegetarian (on request) **VE (VEO):** Vegan (on request) **GF (GFO):** Gluten-Free (on request)